

BOWNET TRAINING BALLS



SNAPBACK™

- Snap Back™ 9" poly-flex balls designed for impact absorbing limited travel
- Can be used inside and outside
- The ultimate training balls for hitters



ORANGE SQUEEZE

- Orange Squeeze 9" balls designed for impact absorbing limited travel
- Can be used inside or outside
- Has a small sweet spot that provides instant feedback on contact



BALLAST WEIGHTED BALL

- Weighted Ballast Balls with raised seams are designed for optimum resistance to develop strength
- Can be used with all bats
- Available in 9" (14oz.), 12" (18 oz.), & 15" (32 oz.) sizes



HOLLOW BALL

- Durable, thick, flex material for better feel than other hollow training balls
- Designed to minimize flight and maximize durability
- Available in 6", 9", and 12" sizes



Pitcher's Spinner Trainers

NEW!

- Develop spin, improve grip, and increase overall pitch control
- Raised Seams and Exaggerated size to strengthen grip
- Genuine leather optic yellow cover
- For Pitching ONLY